

Let us show you how to MAKE THE PERFECT GREEN TEA SMOOTHIE



Ingredients:

- 1 cup of cooled Salada Green Tea
- 2 cups of sliced strawberries
- 2 cups of pineapple rings
- 1 banana
- 1 tablespoon of honey
- 2 cups of ice

Directions:



1. Start by pouring 1 cup of cooled Salada Green Tea (Pomegranate Berry is recommended).



2. Next, add the following:
 - 2 cups of sliced strawberries
 - 2 cups of pineapple rings
 - 1 banana
 - 1 tablespoon of honey
 - 2 cups of ice



3. Blend for about one minute until it's nice and smooth.



4. Serve it up, kick back and enjoy!