



Salada's White Tea Smoothie

Ingredients:

- 1 1/2 cups of frozen berries
(raspberries, strawberries, blueberries, blackberries)
- 3/4 cup soy milk
- 1/2 cup brewed Salada 100% Pure White Tea
- 1/2 cup natural pomegranate or pomegranate/blueberry juice
- 1 banana

Directions:

Put frozen fruit, soy milk, white tea, juice and banana in a blender.

Cover and blend until smooth.